



Spanish question from student:

"Can we use *nos* as a pronoun other than a reflexive verb?"

This is a GREAT student question because *nos* looks reflexive, but it isn't always.

Yes — *nos* can be used as a pronoun even when the verb is NOT reflexive.

Spanish uses *nos* in three different ways:

1. Reflexive pronoun (we do the action to ourselves)

Nos levantamos. — We get ourselves up.

Nos cuidamos. — We take care of ourselves.

2. Direct object pronoun (someone does the action to *us*)

El profesor nos escucha. — The teacher listens to us.

Ella nos invita. — She invites us.

La enfermera nos ayuda. — The nurse helps us.

Clue: If you can replace *nos* with *us*, it's a direct object

3. Indirect object pronoun (someone does something *for* or *to* us)

Nos da un regalo. — He gives us a gift.

Nos explica la lección. — She explains the lesson to us.

Nos prepara la comida. — He prepares the food for us.

Clue: If you can add "to us" or "for us," it's indirect.